

# Marshall S. Wilensky

## Summary of Professional Training and Qualifications

### Education

- Post-Doctoral Fellowship in Clinical Psychology, University of British Columbia, Faculty of Medicine, 1979-1980
- Doctor of Philosophy, Department of Applied Psychology, University of Toronto, 1979
- Master of Arts, University of Toronto, 1974
- Bachelor of Science (Psychology), University of Toronto, 1972

### Work History

- Registered Psychologist #778, Province of British Columbia
- Private Practice in Clinical and Consulting Psychology, Vancouver BC, 1980 to present
- Consultant Psychologist
  - ♦ Shaughnessy Hospital
  - ♦ St. Vincent's Hospital
  - ♦ Pearson Hospital
  - ♦ National Parole Board
  - ♦ Canada Employment Commission
  - ♦ Insurance Corporation of British Columbia
  - ♦ Forensic Services Commission
  - ♦ Odyssey Health Services
  - ♦ Personnel Institute of Canada
- Instructor and Clinical Supervisor
  - ♦ University of British Columbia
  - ♦ Simon Fraser University
  - ♦ British Columbia School of Professional Psychology
- Expert Witness in the Supreme Courts of British Columbia and Saskatchewan
  - ♦ Neuropsychology
  - ♦ Vocational Adjustment
  - ♦ Psychological Effects of Trauma
- Chair, Oral Examination Committee, College of Psychologists of British Columbia
- Listed in the Canadian Register of Health Service Providers in Psychology
- Board Certified Expert in Traumatic Stress, American Academy of Traumatic Stress

# Marshall S. Wilensky

## Curriculum Vitae

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website: [www.emdrtraining.com](http://www.emdrtraining.com)

Date of Birth: 21.09.1951  
Place of Birth: London, Ontario  
Married with two daughters

### Education

- 1969 - 1971 University of Western Ontario  
Natural Sciences and Honours Psychology
- 1971 - 1973 University of Toronto  
Bachelor of Science, Psychology
- 1973 - 1974 University of Toronto  
Master of Arts, Applied Psychology
- 1974 - 1979 University of Toronto  
Doctor of Philosophy, Applied Psychology

### Awards

- 1973 - 1974 Ontario Graduate Fellowship
- 1974 - 1976 University of Toronto Graduate Assistantships
- 1979 - 1980 University of British Columbia  
Post-Doctoral Fellowship in Clinical Psychology
- 1989 & 2002 British Columbia Psychological Association Service Award
- 2004 Diplomat, American Academy of Experts in Traumatic Stress  
Board Certified Expert in Traumatic Stress
- 2010 EMDR Canada Research Award

### Research

- 1970 - 1976 Research assistantships at the University of Western Ontario and the University of Toronto, Departments of Biophysics and Psychology. I worked on projects in nerve stimulation, memory processes, achievement motivation, and self-destructive behaviour.
- 1976 The Royal Commission on Violence in the Communication Industry. In-depth interviews of potentially "at risk" population to measure media usage, perception of crime, and psychological adjustment. John Renner & Associates.
- 1978 Canadian Penitentiary Service. Research Supervisor of Recidivism Study, Warkworth Institution.
- 1981 - 1982 Consultant Clinician to Restricted Environment Stimulation Smoking Cessation Project, University of British Columbia, Imagery Training and Covert Desensitization.
- 1984 - Present Clinical research papers on Neuropsychology; Sexual Dysfunction, Clinical Hypnosis, EMDR. Shaughnessy Hospital and private practice.

## Teaching Experience

- 1974 Instructor in Psychology, Western Nohant Free School, Toronto
- 1975 Teaching Assistant, Psychology of Adolescence, University of Toronto
- 1975 Teaching Assistant, Master's Level, Introduction to Educational Psychology O.I.S.E.
- 1976 Teaching Associate, Supervisor of Teacher Trainees' Program, Faculty of Education, York University
- 1976 - 1977 Instructor in Psychology, Alternative and Independent Study Program, North York Board of Education
- 1976 - 1979 Instructor, Introduction to Psychology Centennial College
- 1979 Instructor, Developmental Psychology  
Laurentian University
- 1981 Instructor, Altered States of Consciousness  
Department of Continuing Education, University of British Columbia
- Fall 1981 Continuing Education Co-Instructor, Transpersonal Psychology  
University of British Columbia
- Fall 1981 Women's Resource Centre Co-Instructor, Relationship Skills  
University of British Columbia
- 1981 - 1982 Instructor: Introduction to Psychology, Special Topics in Psychology, Psychology of Stress, History of Psychology, University of Victoria at Abbotsford, Matsqui Institution
- 1982 Education 425: Counselling for the Classroom Teacher, Simon Fraser University
- 1982 Adjunct Instruction: Psychology 531  
Adjunct Instruction: Graduate Course, Behavioural Assessment, Marital & Sexual Dysfunction  
Department of Psychology, University of British Columbia
- 1982 Women's Resource Centre Co-Instructor, The Couple's Journey, University of British Columbia
- 1983 S-A 304: Social Control, Department of Sociology & Anthropology, Simon Fraser University
- 1983 Psychology 321: Intelligence & Creativity  
Psychology 326: Psychology & Consciousness  
Department of Psychology, Simon Fraser University
- 1981 - 1985 Supervision of Pre- and Post-Doctoral Psychology Interns, Shaughnessy Hospital
- 1983 & 1984 Education 578: Theories of Counselling  
Department of Counselling Psychology, University of British Columbia
- 1980 - 1994 Education 588: Counselling Clinic, Clinical Supervisor Department of Counselling Psychology, University of British Columbia
- 1984 Education 326: Classroom Management and Discipline  
Faculty of Education, Simon Fraser University
- 1983 - 1984 Psychology 493: Directed Studies  
Psychology 490 & 499: Honours Project  
Department of Psychology, Simon Fraser University
- 1984 - 1986 Graduate Faculty Associate  
Master's Program in Instructional Psychology  
Education 870: Theories of Counselling  
Education 873: Vocational Counselling  
Education 811: Practicum Supervision  
Education 812: Advanced Practicum Supervision  
Education 845: Intellectual Assessment  
Education 805: Introduction to Neuropsychological Assessment  
Faculty of Education, Simon Fraser University

1989 & 1990 M.A. & Ph.D. Thesis External Examiner  
 1995 & 1996 Simon Fraser University, University of British Columbia  
 1996 EMDR Institute Facilitator  
 1998 BC School of Professional Psychology  
 EMDR Training (EMDRIA approved)

## Clinical Experience

1973 Research Therapist of Socially Disturbed Boys  
 Clarke Institute of Psychiatry  
 Supervisor: Dr. Chris Webster

1974 - 1976 Graduate Training in Counselling, Psychometrics, Moral Development

1977 Increasing Individual and Organizational Effectiveness Course  
 Drs. Chris Argyris and Donald Schön

1977 Co-Leader of a group on Increasing Personal Effectiveness  
 Toronto Skills Exchange

1978 Psychologist, Group Leader, Alienated Youth Organization  
 Warkworth Institution

1978 Co-Therapist Gestalt Therapy Group  
 Warkworth Institution

1979 - 1980 Post-Doctoral Fellow in Clinical Psychology  
 Department of Psychiatry, University of British Columbia  
 Primary Therapist on acute inpatient service; psychological and neuropsychological assessment;  
 training in group and family therapy; experience in child psychiatry; outpatient treatment of anxiety,  
 depression, marital and sexual dysfunction, migraine and stress; training in hypnosis, biofeedback  
 and behavioural treatments

1980 Psychologist, Vancouver Health Department  
 Individual and couples counselling, Vancouver Vocational Institute  
 Workshops on Stress Management and Self-Hypnosis

1980 Vancouver Rehabilitation Programme, Vancouver, B.C.  
 Responsible for design and implementation of a comprehensive group social skills, life skills, and  
 job training program for vocationally handicapped adults

1990 - 1992 Coordinator - The China Project  
 Canadian Jobs Strategy, Canada Employment Commission  
 Administration of multi-agency service delivery of \$320,000.00 project to assist 500 students from  
 the People's Republic of China

1991 - 1993 Coordinator - Immigrant Women in Science  
 Canadian Jobs Strategy, Canada Employment Commission  
 Design and administration of training programme for immigrant women with science degrees

1991 - 1993 Coordinator - Pacific Employment Training  
 Project Based Training, Canada Employment Commission  
 Administration of employment training project for 48 participants

1980 - Present Continuing Education in approved workshops in Clinical Hypnosis, Brief Therapy,  
 Neuropsychology, Eye Movement Desensitization and Reprocessing Certification, and  
 EMDR Facilitator

- 1980 - Present Consulting Psychologist
- ♦ Coordinator, Psychometric Assessment and Consulting Service
  - ♦ Shaughnessy Hospital
  - ♦ Canada Employment Commission
  - ♦ Alcohol and Drug Abuse Clients
  - ♦ Pacific Counselling, Inc.
  - ♦ Sex Offender Treatment Team, Neuropsychology, Presentence Reports: Forensic Services Commission
  - ♦ Expert Witness, Supreme Court and Criminal Courts of British Columbia and Saskatchewan
  - ♦ Psychodiagnostic Assessment: St. Vincent's and Pearson Hospital
  - ♦ Sexual Abuse Treatment with Native Bands Health and Welfare
  - ♦ BC Corrections, Post-Traumatic Stress Counselling after hostage taking
  - ♦ Cancare
  - ♦ Corporate Health Consultants
  - ♦ National Parole Board
  - ♦ Personnel Institute of Canada
  - ♦ EMDR Institute Facilitator, San Jose, Seattle, Vancouver, Montreal
  - ♦ EMDRIA Approved Consultant, EMDRIA Approved Instructor, MeDCan
- 1995 - 2006 Sponsor, EMDR Institute Training, Vancouver

### Professional Associations

- British Columbia Registered Psychologist
- Oral Examiner, College of Psychologists of British Columbia
- British Columbia Disaster Response Network
- EMDR Association of Canada
- EMDR International Association
- British Columbia Psychological Association
- International Association for Approved Basketball Officials
- Canadian Register of Health Service Providers in Psychology
- American Academy of Experts in Traumatic Stress
- Network of EMDR Trainers

### Appointments

- Graduate Faculty Associate, Faculty of Education, Simon Fraser University, 1983–1985
- Adjunct Professor, Faculty of Education, Simon Fraser University, 1988-1990
- Clinical Associate, Department of Psychology, Simon Fraser University
- Instructor, Department of Counselling Psychology, University of BC, 1980-1995
- Advisor Board, AIDS Consultation and Education Service
- Director, British Columbia School of Professional Psychology
- Facilitator, EMDR Institute 1996-2006
- Reviewer, Canadian Journal of Counselling
- Diplomate, American Academy of Experts in Traumatic Stress
- Board Certified Expert in Traumatic Stress
- Certified Therapist, Approved Consultant, Approved Trainer, EMDR International Association

## Publications

- Wilensky, M. S. (1973). Reduction of inappropriate speech in a mildly brain-damaged child. *Substudy*, 73-6, Clarke Institute of Psychiatry, Toronto, Canada.
- Wilensky, M. S. (1975). Self-destructive behaviour: Changing age trends. *Orbit*, 6(2).
- Dichek, B., Gardner, P., & Wilensky, M.S. (1976). Script for documentary film: *Every Child is Special*. Astral Films, Toronto, Ontario, Canada.
- Wilensky, M. S. (1976, January). *Behaviour modification: Why and why not*. Paper presented at SCM conference, London, Ontario, Canada.
- Kendrick, M., Koke, C., & Wilensky, M. (1980, June). *Post-doctoral training in clinical psychology in a psychiatric setting*. Paper presented at the Annual Convention of the Canadian Psychological Association, Calgary, Alberta, Canada.
- Wilensky, M., & Wilensky, P. (1980, November). *Transpersonal psychology: the challenge of the 80's*. Paper presented at the Annual Convention of the British Columbia Psychological Association, Harrison, British Columbia, Canada.
- Colby, R., & Wilensky, M. (1981). Unexpected issues in cross-cultural counselling.
- Wilensky, M., & Wilensky, P. (1981, July). *Transpersonal education in a Canadian prison setting*. Invited paper for the World Congress on Education, Quebec City, Quebec, Canada.
- Wilensky, M., & Wilensky, P. (1981). Transpersonal education in a Canadian prison setting. In *Developments in Prison Education*, Montreal, Quebec, Canada.
- Wilensky, P., & Wilensky, M. (1981). *The use of imagery in teaching psychology to undergraduates*. Paper presented at the Fifth American Imagery Conference, New York.
- Kendrick, M., & Wilensky, M. (1982). Referral and evaluation form for a hospital pathology consultation service.
- Wilensky, M., Solyom, L., & Turnbull, I. (1985, November). *A case of self-inflicted frontal lobotomy*. Paper presented at meeting of the Northwest Neuropsychiatric Association, Vancouver, British Columbia, Canada.
- Wilensky, M. S. (1986, March). *Use of hypnotic imagery for self-diagnosis*. Paper presented at the Annual Convention of the American Society of Clinical Hypnosis, Seattle, WA.
- Wilensky, M. S. (1986, October). *Adults in transition: Transpersonal Psychotherapy*. Invited paper to the Annual Convention of the British Columbia Psychological Association, Vancouver, British Columbia, Canada.
- Wilensky, M. S. (1986, December). *Lifework planning as a heroic journey: A vocational counselling model*. Invited paper and workshop, Ministry of Social Services Rehabilitation Conference, Vancouver, British Columbia, Canada.
- Solyom, L., Turnbull, I., & Wilensky, M. (1987). A case of self-inflicted leucotomy. *British Journal of Psychiatry*, 151, 855-857.
- Wilensky, M., & Myers, M. (1987). Retarded ejaculation in homosexual patients: A report of nine cases. *Journal of Sex Research*, 23(1), 85-91.
- Wilensky, M. S. (1988). Use of hypnotic imagery for self-diagnosis. *American Journal of Clinical Hypnosis*, 30(3), 195-200.
- Wilensky, M. S. (1992). *Existential-transpersonal psychotherapy*. Invited presentation in Children's Hospital Colloquium series, Vancouver, British Columbia, Canada.
- Wilensky, M., & Wilensky, P. (1993, June). Forum participants in BBC programme *Dilemma*.
- Wilensky, M. (1994-2013). *Critical Incidents: Post-traumatic Stress Disorder and EMDR*. Presentations for Vancouver Hospital, Columbia Centre for Integrated Health, Workers' Compensation Board, Ministry of Attorney-General, Burnaby Correctional Centre for Women, Children's Hospital, Workers Compensation Board, Greater Vancouver Mental Health, University of British Columbia Department of Counselling Psychology, William Glasser Annual Meeting, Vancouver General Hospital Grand Rounds, Canadian Association of Rehabilitation Professionals.
- Wilensky, M. (1996). *EMDR: What controversy?* Invited address, B.C. Psychological Association, Vancouver, British Columbia.

- Wilensky, M. (1998). *My EMDR Failures: Exceptions that Prove the Rules*. Invited address, EMDR Northwest Regional Conferences, Seattle, WA and Vancouver, British Columbia, Canada.
- Wilensky, M. (2000). EMDR treatment of phantom limb pain. *EMDRAC/EMDRRIA Newsletter*, 4(2), 2.
- Thordarson, D. S., Taylor, S., Maxfield, S., Wilensky, M. S., Ladd, W. G., Lanius, U. F., Fedoroff, I. C., & Söchting, I. (2001, July 17-21). *EMDR, exposure therapy, and relaxation training for PTSD: A controlled outcome study*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
- O'Shea, K., & Wilensky, M. (2006). *Treating Trauma Before the Age of Three*. Paper presented at EMDR Europe, Istanbul.
- Wilensky, M. (2006). Eye Movement Desensitization and Reprocessing (EMDR) as a treatment for phantom limb pain. *Journal of Brief Therapy*, 5(1), 31-44.
- Wilensky, M. (2007, May). *EMDR: Trauma Treatment for the 21<sup>st</sup> Century*. Canadian Counselling Association Annual Meeting, Vancouver, British Columbia, Canada.
- Wilensky, M. (2009). *The Drifters: Back to the EMDR Basic Protocol*. Workshop presented at the EMDR Canada Annual Convention, Toronto, Ontario, Canada.
- Wilensky, M., & O'Shea, K. (2013). *When Calm/Safe Place Doesn't Work*, Workshop presented at EMDR Canada Annual Convention, Banff, Alberta, Canada.
- Buydens, S., Wilensky, M., & Hensley, B. (2014). Effects of the EMDR Protocol for Recent Traumatic Events on Acute Stress Disorder: A Case Series. *Journal of EMDR Practice and Research*, 8(1), 2-12.
- Wilensky, M., & O'Shea, K. (2014). *When Calm/Safe Place Doesn't Work*, Workshop presented at EMDR Europe Annual Convention, Edinburgh, Scotland.
- Wilensky, M., & O'Shea, K. (2017). *When Calm/Safe Place Doesn't Work*. Poster presented at EMDRIA Annual Convention, Bellevue, WA.
- Wilensky, M., O'Shea, K., & Popky, A. (2019, April). 85 years of EMDR therapy experience: What we've learned. Paper presented at the EMDR Canada Annual Conference, Vancouver, British Columbia, Canada.